Development of Smartphone-based Treatment for Headaches

Smartphone-based Treatment for Headaches

Assessing needs and interests: Lessons from a focus group study

Do you, or does someone you know:

Suffer from recurrent headaches, are between the ages 14 – 28 years old, and have a cell phone that you use the Internet on?

OR

Work on developing Smartphone applications or have a Computer Science background and experience using Smartphone applications?

Researchers at the IWK Health Centre are running a focus group that will bring together adolescents and young adults who suffer from recurrent headaches, and technical people with experience with Smartphones to discuss the development of a program for headache sufferers delivered via a Smartphone.

During a 1.5 – 2 hour long focus group participants will be asked for their opinions, needs and concerns associated with recurrent headache episodes, and methods they use to help them to get through a headache. We will also discuss how Smartphone applications could be used to help adolescents and young adults manage their recurrent headaches.

For more information, or if you are interested in participating in this research, please contact us.

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Participants will be reimbursed with a $30.00 gift card from Empire Theatres for their time. Refreshments will be provided.

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