

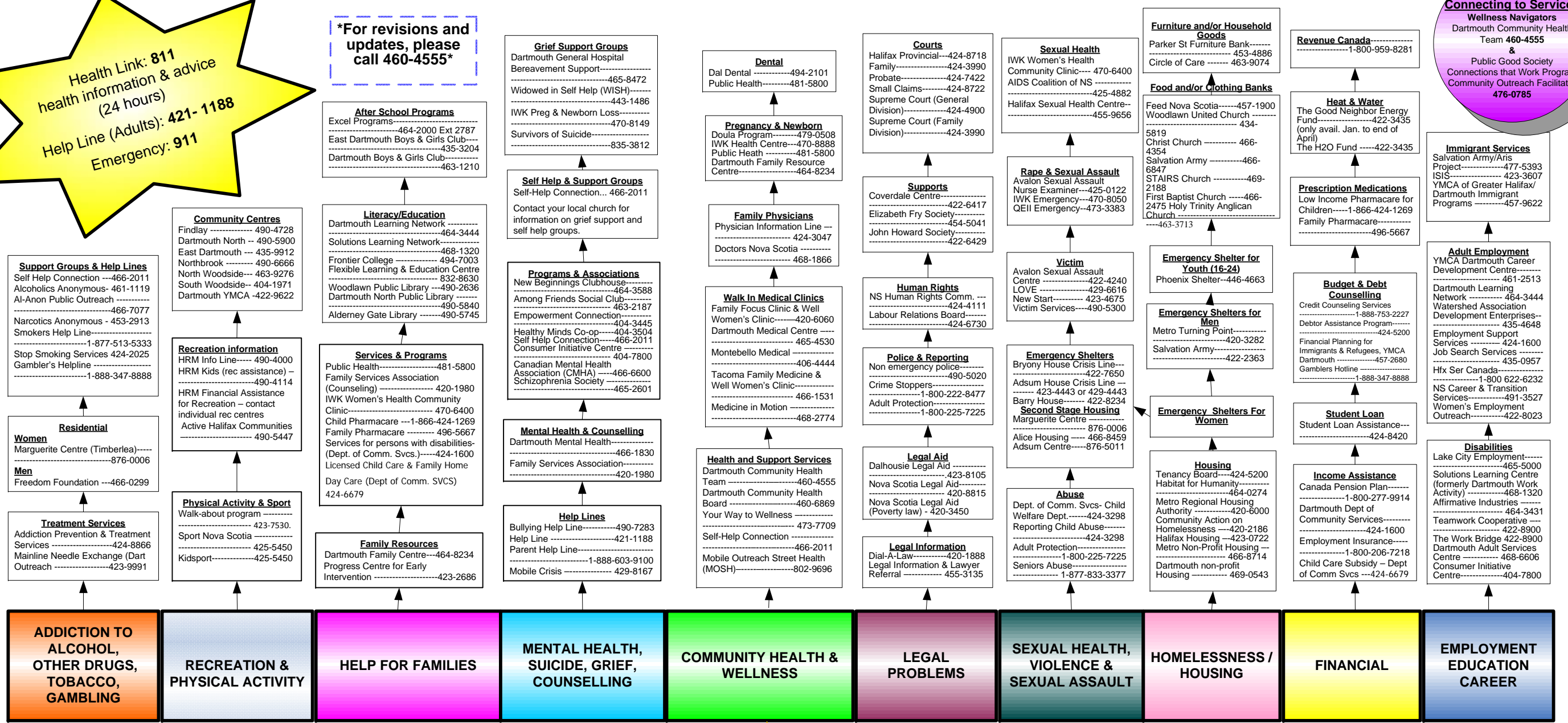
Dartmouth Area Helping Tree

This tool was designed by the Dartmouth Community Health Board, Community Health Team, HRM Community Development, & The Self-Help Connection to assist service providers and inform residents of the many helping resources available. If you or someone you care about is experiencing a problem in any of the areas listed, follow the arrows on the flow chart to find resources that may help.

Health Link: 811
health information & advice
(24 hours)
Help Line (Adults): 421- 1188
Emergency: 911

For revisions and updates, please call 460-4555

Connecting to Services
Wellness Navigators
Dartmouth Community Health Team 460-4555 & Public Good Society
Connections that Work Program
Community Outreach Facilitator 476-0785



This helping tree is for informational purposes only. For youth or senior specific needs please see the "Dartmouth Seniors Helping Tree" and the "Dartmouth Youth Helping Tree" (under development)

YOU START HERE